



STUDENT UNION'S SUCCESS AT THE NUS WALES CONFERENCE 2023

Four members of our student union attended the NUS Wales Conference at Bangor University. The event was also attended by other colleges and universities in Wales where new policies were discussed and debated. There were also votes for improvement around EMA and cost of living.

Student President Francesca Thomas, Vice President Tommy WilliamsThomas, Women's Officer Jenna Loweth and Wellbeing Officer Rhys Lloyd all attended and found the event very beneficial and two awards were awarded to them for their hard work.

A Participatory Budget Fund award was awarded for student wellbeing and engagement and the hard work on the college's menstruation station won the Sexual Health and Support award. [Read more here...](#)



BUSINESS STUDENTS ORGANISE SHANE WILLIAMS INSPIRATIONAL TALK

'Keep going' and 'resilience' were some of the main themes emerging from an inspiring talk presented by retired international rugby player Shane Williams who visited students at Coleg Sir Gâr. As part of their business course, students have to plan, organise and run an event and this event was driven by students, Lewis Howlett, Tyler Jenkins and Amelia Maines who are studying a level two course in business.

They organised a ticketed event and used the opportunity to raise money for Velindre Cancer Centre, a charity that Shane is very close to and has significantly fundraised for. Business student Tyler Jenkins said: "My favourite part of this event was fulfilling all of our plans on the day, seeing all of our hard work come to fruition gave me a sense of satisfaction but also built some confidence in me as a student." [Read more here...](#)



MINISTER MEETS THE WOMEN WHO HAVE RETRAINED AS HGV DRIVERS

Welsh Finance Minister Rebecca Evans visited Coleg Sir Gâr this week to meet women who have put their careers in the driving seat and have qualified as HGV drivers. The visit was arranged through the college's delivery of the Welsh Government funded Personal Learning Account (PLA) which helped retrain over 300 people who wanted to change careers.

Through the scheme, many people have changed their lives by changing jobs and have left various sectors to join the haulage industry including the 19 women who retrained through Coleg Sir Gâr's PLA. Rebecca Evans, Minister for Finance and Local Government, said: "It has been fantastic to meet female drivers today who have gained their licences through the pilot, as well as their employers in the haulage industry." [Read more here...](#)



DUATHLON SUCCESS FOR COLLEGE STUDENTS AND STAFF

Students and staff have taken part in ColegauCymru's annual duathlon with a number of sporting successes. The FE Multisport Pembrey event was held at Pembrey Country Park and the inclusive duathlon offers an opportunity for all learners and staff working or studying in further education to take part, regardless of ability or activity levels.

Students from various colleges including Coleg Ceredigion, Gower College Swansea and Walsall College also took part. A significant number of staff and students took part this year in both the two entry options available which are the Go Tri Duathlon and the full duathlon. [Read more here...](#)

PAST STUDENT RETURNS TO TALK ABOUT SUCCESS IN THE TRAVEL AND TOURISM INDUSTRY

Curtis Evans, who studied travel and tourism at Coleg Sir Gâr ten years ago; has returned to offer his advice and speak to current students studying the same course as he did.

Curtis is now the overall sales manager at Bordessa Holidays, an independent travel company and spoke about career opportunities within the organisation and all the benefits involved with working for the company.

He also shared his experiences being in the industry and answered any relevant questions they had relating to holidays, cruises and much more. [Read more here...](#)

PRESTIGIOUS ROYAL COMMISSION FOR STUDENT OF COLEG SIR GÂR CARMARTHEN SCHOOL OF ART

Mohamed Hassan, an alumni of Carmarthen School of Art, has been awarded a prestigious commission by the Government Art Collection to create new work to celebrate the coronation of Charles III.

Mohamed who is the only artist from Wales selected to take part graduated from the school's photography department in 2016 and has been working with prestigious organisations such as Ffotogallery in Cardiff and the National Portrait Gallery in London since he completed his studies. For the Coronation of Their Majesties King Charles III and Queen Camilla, the Government Art Collection has commissioned leading British and British-based artists right across the UK to create striking new artworks. [Read more here...](#)

URDD SUCCESS FOR COLEG SIR GÂR



A wave of creative talent swept through the Eisteddfod this year including the talents of students from Coleg Sir Gâr. The Urdd Eisteddfod, which was this year held in Llandovery, not only entertains but it nurtures the development of aspiring artists and chefs, providing a stepping stone to progression and exposure to industry professionals. Steeped in tradition but emanating contemporary flair, the event served as a platform for students to showcase the skills they had carefully honed.

For Coleg Sir Gâr, Jac Davies won second in the Cogurdd cooking 19 to 25-year-old competition, Tilly Richards won first in the level one beauty year 10 and under 25s competition, Rachael O'Neill won first and Katherine Jones won second in the art and design 2D year 10 U25s competition and Morgan Cotgrove won second in the creative 2D year 10 U19s competition. Melody Cheung won second in the computer graphics year 10 U19s, Ellie Perrott won third in the edited photo year 10 U19s, Diana Borys won third in the black and white photo year 10 U19s, Ffion Jones won the upcycling year 10 U19s, Ruth Blake won first and Jordan Richards won second in the ceramics year 10 U19s competition. Carwyn Lloyd won third in the string solo year 10 U19s and won first in the guitar solo competition.

Helen Griffiths, director of bilingualism and learner support at Coleg Sir Gâr and Coleg Ceredigion said: "It's great that the Urdd offers our students these opportunities to be able to compete and show their work and have new experiences, and to do so in a completely Welsh atmosphere and in the Welsh language." [Read more here...](#)

STUDYING HEALTH AND SOCIAL CARE AT COLEG SIR GÂR

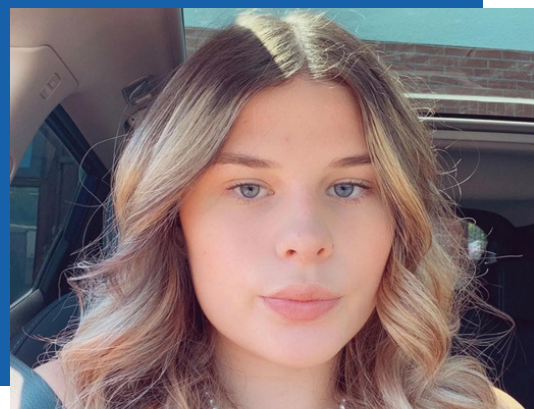
Lilly Smith, currently studying level three health and social care.

"I chose to study health and social care at Coleg Sir Gâr as I studied it at GCSE level whilst studying at Ysgol Bro Pedr. During this time, I had developed a strong interest into the subject so I decided to progress at college with a level three qualification and it has taught me a vast variety of aspects within the health and social care sector.

"My study experience has been positive throughout the last two years and I have enjoyed my time at Coleg Sir Gâr. I have enjoyed meeting new people and working in a new setting. I received a lot of help and support from my tutors during my time at college.

"I have decided to progress to a degree in sport rehabilitation conditioning and massage at Cardiff Metropolitan University after I finish college. I decided on this course as I have always had an interest in sports and the physiotherapy side and I enjoy playing netball.

"I thoroughly enjoyed my time in college, overall it has been a positive experience. I have learned many new skills and qualities that I will be able to take with me and apply in university." [Read more here...](#)



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